

2026 RACING TEAMS TRAINING CAMP

WHEN:

- EASTER 31 March - 3 April 2026
- SPRING 29 April - 3 May 2026
- SUMMER 2–9 August 2026
- AUTUMN 24–28 September 2026

Arrival no earlier than 18:00, first training session at 19:30. Events end and departure is always around 15:00–16:00 (not without handing over a tidy room).

WHERE: our center in Beztahov near Votice (map at www.tkd.cz)

WHO: Training camps are intended for confirmed members of racing teams; participation in the entire training camp is mandatory. For members of adult racing teams, see the document "Information for Adult Racing Teams." Regular members who are interested in being nominated for the racing teams may also participate in the training camp. The condition is participation in the entire event and submission of a medical examination for combat sports confirmed by a sports doctor upon arrival. (A link to the sports examination can be found at www.tkd.cz, in the racing teams section. **Newly, all members of the competition teams register themselves for all training camps in the event schedule. After registration, you will receive an informational email with payment instructions, a QR code, and a generated variable symbol. Please make your payment no later than the first day of the event.**

PRICE: Basic price - 1 day/1000 CZK

Discounts:

- 50% for every third and subsequent practicing family member, GBHS teachers, and lifetime members
- 10% for a deposit of CZK 1,500 paid on time by the end of the previous month

No discounts can be applied to payments made after the event, including additional payments. The price includes meals, drinks, training, accommodation, and any exams and equipment necessary for each technical level (toboks, belts, gloves, protectors, etc.). Equipment will not be provided to nine-year-old and older members of the school who have not attended at least two days of training camp for more than 13 months and have been in our school for more than 13 months. Please register only via the Event Schedule at www.tkd.cz. Payment should preferably be made to the school's account **2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP)**. Additional payments and payments can be made on site upon arrival. The deposit is refundable only in case of cancellation two days before the start of the entire training camp for serious, verifiable health reasons.

PROGRAM: Three to four training sessions per day. Intensive technical, tactical, and physical preparation.

BRING WITH YOU: School tobok, school protectors from the green belt, school lapa from the yellow belt, training knife from the 1st kup, pencil, paper, clothing and shoes for outdoor and indoor exercise, health insurance card, swimsuit, reasonable pocket money, everyday necessities, pencil, paper...We only support equipment obtained free of charge or purchased at our school, with the exception of current members of the ITF and EITF national teams with approved protective gear. **Do not bring any other equipment to events.** You must bring a **SLEEPING BAG** and, if necessary, a pillow. Minors are strictly prohibited from bringing valuables and large amounts of money. I leave the decision on mobile phones to the parents' discretion and responsibility. If you have allergies or similar conditions, please bring the appropriate medication and report any health issues that could limit your training in advance!!!

NOTICE:

- We expect younger unaccompanied children to have basic hygiene habits, knowledge of the clock, right and left sides, and the ability to communicate with the teacher, which every parent must support. If this is not the case, unaccompanied participation is not possible.
- We are not going on a beach vacation, so please be prepared for a reasonable amount of physical activity.
- By participating in this event, you significantly increase your chances of passing exams and competitions.
- Every minor will have their parents' phone number with them, preferably a cell phone number.
- In the event of misconduct, anyone may be expelled from the event without compensation at the teacher's discretion or may be required to pay compensation for damages.
- You can find more detailed information on our website for each event in the Rules for Staying at the Training Camp.
- Please read the entire flyer again and then ask for clarification if anything is unclear.

Info and excuses: urgent Martin Zamecnik +420 603 302 739, general - info@tkd.cz

See you at the training camps!