

# Discovery and experience camp - Korea 2024!!!



**Jul 15 (departure from Prague) – 31 (departure from Seoul), Hotel Orakai, Insadong - top suite hotel in the center of Seoul with sauna, steam room, swimming pool, jacuzzi, gym and fitness room. Several days trip to the subtropical Korean island of Jeju.**

**49 900CZK - price includes accommodation, training, meals, transport costs in Korea, entrance fee. Price does not include airfare (currently the cheapest around 22 000CZK with transfer, master Zamecnek flies on the above mentioned days with Korean air direct flights currently for 28 400CZK, I recommend to buy early). You must pay a non-refundable deposit of 25 000CZK to the school's account 2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP) and register by March 1. After this date we do not guarantee the same price or the same hotel, but it is possible to change the name of the participant. The rest of the amount must be paid by Jun 1. Children under 15 years only if approved by the organizer of the event - master Martin Zamecnek, tel.: 603302739.**

**The exact program of the camp will be determined according to the composition of the participants and will be adapted to the weather, physical condition and interests of the participants and coping with the significant time delay. The event is designed as a mix of cultural, historical, gastronomic traditions of Korea, Korean language, and Korean martial arts. Jeju will host this year's Haidong Gumdo World Championships, in which we are passively participating. Active participation in the competitions for gumdists is possible but not included in the price. Travel insurance is recommended for all.**

**Here's just a small taste: sights - royal palaces, the National Museum, monuments associated with historical figures and events from the ITF tuls, leading Buddhist monasteries, royal tombs, Suwon Fortress, Jeju Island, ...**

**Culture - traditional hanbok suit, shopping in modern hypermarkets or small streets and markets, modern Gangnam district, Bukhasan Nature Park, traditional Korean hanok house, old-school teahouses, beautiful Jeju Island where TKD was founded...**

**Mudo - ITF, taekkyon, hopae sool, WC in gumdo, sonmudo, archery..., visit to Kukkiwon, individual lessons with grandmasters and masters**

**Example of a daily schedule:**

**8:40 very good hotel breakfast and Korean lessons**

**10:00 - 11:00 stretching and training kicks and tuls in the hotel pool, jacuzzi, sauna**

**11:30 - 13:00 individual training with Grandmaster Son focused on knife defense**

**13:30 lunch at a Korean restaurant focusing on mandu (dumplings) and kimbab (sushi)**

**14:30 - 19:00 visit to Ahn Joong Gun Memorial and climb to Namsan Mountain, tasting rice cakes**

**19:30 - 21:00 health taekyun and hopae sool training with Grandmaster Do Ki hyun at Insadong**

**21:15 Korean BBQ - samgyopsal, kimchi, kaktugi and the ubiquitous garlic☺, all unlimited!**

**Register only via the Events Schedule at [www.tkd.cz](http://www.tkd.cz)!!! Do not hesitate to visit the unique Korea!!!**