## Second Winter, First Spring and Big Spring camps and EXAMS

WHEN:

2 - 11 Feb Second winter



11 - 17 Mar First spring



28 Mar - 1 Apr Big spring



Meeting for shared transport always at the entrance to Roztyly metro station on 2 Feb at 16:30, 11 Mar and 28 Mar at 8:30, end of the event and departure around 15:00 (not without handing over the cleaned room). Exams always on the last day from 13:30. Return by shared transport will be specified operatively upon departure.

For the First Spring and Big Spring it is possible to arrive the evening before the camp from 18:00. Training will be held on site, accommodation etc. will be provided. If interested in arriving the evening before the event, please write in the notes. We will consider carpooling on these days as well if interested.

WHERE: our centre Beztahov near Votice (map on www.tkd.cz)

For motorists, arrival on 2 Feb at 18:00, 11 Mar and 28 Mar at 8:30 (other days at any time).

**WHO:** The camps are for all interested people. There will be exams on the last day from 13:30. A minimum of a full final 2 days of preparation is required to be tested and possibly participate in one of the TKD exams. This means that you must arrive at the latest on the penultimate day at 9:30 and complete all training sessions. As the number of practice sessions increases, so does the chance of a successful pre-exams. The exams are only for registered members of the school who pay their dues properly (also applies to other martial arts). We will also be practicing Gumdo at the Second Winter, at the First Spring FMA and the Big Spring Hopaesool. There will always be an opportunity to take exams on the last day as well.

## The camp is suitable for everyone, including complete beginners. Especially for autumn beginners who have not yet passed the exams for higher technical levels.

**PRICE:** You can use the calculator at <u>https://www.tkd.cz/kalkulacka.aspx</u> to calculate the price. The price includes transport, food, drink, training, accommodation and any tests and equipment necessary for each technical level (doboks, belts, paws, pads....). Equipment will not be provided to members nine years of age and older who have not been to camp for at least two days and have been in our school for more than 13 months. Basic price - 1 day at 1000Kč minus discounts

Discounts: 50% each third and additional practicing family member, GBHS teachers and lifetime members

10% non-practising or practising visits from other schools

10% self-declared travel for Second Winter until **28 Jan**, First Spring until **2 Mar** and Big Spring until **20 Mar**(5% one-way) 10% for registration and deposit of 1500Kč paid for Second Winter by **28 Jan**, First Spring by **2 Mar** and Big Spring by **20 Mar** 5% of the whole camp

Children under 4 years old do not have to pay unless they want their own bed and meals.

No discounts can be applied for payments after the event, including any additional payments.

Please register only through the Events Schedule at www.tkd.cz. Pay preferably to the school account **2001870779/2010** (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP) with the generated VS at registration or to the teachers. Additional fees and payments can be made on site upon arrival. Deposits are refundable only if excused two days prior to the start of the entire camp for serious documented medical reasons.

**PROGRAMME:** Three training sessions a day. Beginners will have a separate group to raise their technical level as much as possible. You can expect many games and competitions.

**WITH:** school dobok from white-yellow belt, school pads from green belt, school paw from yellow belt, training knife from 1st kup, pencil, paper, clothes and shoes for outdoor and indoor exercise, good mood and desire to exercise and learn, health card. We only support equipment acquired or purchased in our school, exceptions are made for current members of the national team on ITF and EITF approved pads and Ukrainian refugees on their imported equipment. It is necessary to bring **a sleeping bag** or pillow.

For minors, a strict ban on valuables and large sums of money. I will leave the provision of mobile phones to the discretion of the parents and their responsibility. Cell phones are not recommended for children under 13. Maybe skiing in case of snow for adults or golf in case of nice weather. Allergy sufferers and the like, please be well equipped with medication and report any medical problem that might limit training in advance!!!

**PLEASE NOTE:** - For younger unaccompanied children, we assume basic hygiene habits, knowledge of the clock, and right and left sides, and the ability to communicate with the teacher, which every parent must encourage. If this is not the case, unaccompanied participation is impossible.

- We are not going to the seaside for a holiday, so expect a reasonable physical load.
- By attending this event you significantly increase your chances of qualifying for the exams and competitions.
- Each underage child will have a phone number for their parents, preferably a cell phone.
- In the event of insubordination, anyone may be expelled from the event without refund at the discretion of the teacher or may be ordered to pay damages.
- It is better to read the whole leaflet again and then ask if you are unsure.

## info and excuses: urgent Martin Zamecnik 603302739, regular - info@tkd.cz See you at the camps!