

Not only STM training camp 2024

WHEN: spring nomination April 30 - May 3, spring nomination May 4 - 8, summer nomination August 4 - 6, summer nomination August 7 - 11, fall nomination October 9 - 13. Spring and summer STMs are now divided into nomination and standard camps. At the end of the nomination camp, new nominations will be communicated and some less active members may have their contracts terminated.

Gathering for common transport always on the first day of the camp at the Roztyly bus station, in the metro lobby at 16:10. End of the events and departure always around 15:00 - 16:00 (not without handing over the cleaned room).

WHERE: our TKD Beztahov center near Votice (map on www.tkd.cz)

For motorists, arrival always at 18:00 (first day, other days anytime), first training from 19:45.

WHO: Camps are only for those interested in sporty training and participation in STM and STS and already confirmed members of STM and STS. For STM members and those interested in STM or STS membership, attendance at the entire camp is mandatory. For STS members according to the contract. New candidates will bring with them the STM/STS contract (downloadable on our website) signed in duplicate, which will be confirmed at the end of the event in case of nomination. STM members are automatically registered for the event. Others must apply.

PRICE: You can use the calculator at <https://www.tkd.cz/kalkulacka.aspx> to calculate the price. The price includes transport, food, drink, training, accommodation and any tests and equipment necessary for each technical level (doboks, belts, paws, pads....). Equipment will not be provided to members nine years of age and older who have not been to camp for at least two days and have been in our school for more than 13 months. Basic price - 1 day at 1000Kč minus discounts

Discounts: 50% each third and additional practicing family member, GBHS teachers and lifetime members

10% self-declared travel for spring by **Apr 20**, for summer by **July 1** and for autumn by **Sep 20** (5% one way)

10% for registration and deposit of 1500Kč paid for spring by **Apr 20**, for summer by **July 1** and for autumn by **Sep 20**.

5% of the entire camp.

No discounts can be applied for payments after the event, including any additional payments.

Please register only through the Schedule of Events www.tkd.cz. Pay preferably to the school account **2001870779/2010** (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP) with the generated VS at registration or on behalf of the student or teachers. Additional fees and payments can be made on the camp site upon arrival. Deposits are refundable only if excused two days prior to the start of the entire camp for serious documented medical reasons.

PROGRAMME: Three to four training sessions a day. Intensive technical, tactical, and physical training including seminars with Grandmaster Hwang, training with our guests, trips and other fun activities.

WITH: school dobok from white-yellow belt, school pads from green belt, school lapa from yellow belt, training knife from 1st kup, pencil, paper, clothes and shoes for outdoor and indoor exercise, good mood and desire to exercise and learn, health card. We only support equipment obtained free of charge or purchased at our school, exceptions are made for current national team members on ITF and EITF approved pads and Ukrainian refugees on their own imported equipment from Ukraine. **Please do not bring other equipment with you to events.** It is necessary to bring a **sleeping bag** and maybe a pillow.

For minors, a strict ban on valuables and large sums of money. I will leave the provision of mobile phones to the discretion of the parents and their responsibility. Maybe skis in case of snowfall for adults. Allergy sufferers and the like, please be well equipped with medication and report any medical problem that might limit training in advance!!!

PLEASE NOTE: -For younger unaccompanied children, we assume basic hygiene habits, knowledge of the clock and right and left sides, and the ability to communicate with the teacher, which every parent must encourage. If this is not the case, unaccompanied participation is impossible.

- We are not going to the seaside for a holiday, so expect a reasonable physical load.
- By attending this event you significantly increase your chances of qualifying for the exams and competitions.
- Each underage child will have a phone number for their parents, preferably a cell phone.
- In the event of indiscipline, anyone may be expelled from the event without refund at the discretion of the teacher, or may be ordered to pay damages.
- More detailed info can be found on our website for each event in Rules for staying at the camp.
- It is better to read the whole leaflet again and then ask if you are unsure.

info and excuses: urgent **Martin Zámečník 603302739**, regular - info@tkd.cz See you at the camps!

Weekend for teachers

May 3 – 5 Beztahov, From 18:00 arrival and accommodation. First training 20:00. Finish on Sunday afternoon.

The event is mandatory and free for all teachers and assistants in full. Those who are not excused for serious reasons to start the event, the event will be paid. Others interested in the intensive preparation for the future to teach in our school must be at least 16 years old and 4. kup and pay 1900Kč on account or cash with the application form no later than Apr 25. Exceptions if one of the conditions is not met can be discussed with the master.

We welcome all newcomers among future teachers and assistants. Take your TKD studies to the next level!

Information and apologies at www.tkd.cz, info@tkd.cz, urgent questions 603302739