## **Great winter camp and EXAMS**

**WHEN:** DEC 25, 2023 – JAN 2,2024 Take advantage of the winter holidays and come to practice for a few days and take exams!

Meeting for public transport DEC 25 Chodov in front of the TKD center of ZŠ Campanus, at the gate from Hroncova street at 10:00, end of the event and departure around 15:00 (not without handing over a cleaned room). We will promptly specify the return by public transport upon departure.

WHERE: our Beztahov center near Votice (map at www.tkd.cz)

For motorists, arrival on DEC 25 at the earliest at 11:00 (first day, other days at any time). First training from 11:45.



**WHO**: The training is intended for all interested parties. Exams will always take place on the last day from approximately 13:30. For pre-exams and possibly participate in some TKD exams, it is necessary to complete at least a complete final 2-day preparation. So, you need to arrive no later than January 1st in the morning between 10:30 and 11:00. Or it is also possible to attend at least 3 whole other days and come to the final exams if you pass the pre-exam. With the number of training sessions, the chance of a successful examination also increases. Exams are intended only for registered members of the school who pay dues (this also applies to other martial arts).

## The camp is suitable for all interested parties, including complete beginners.

**PRICE**: You can use the calculator at <a href="https://www.tkd.cz/kalkulacka.aspx">https://www.tkd.cz/kalkulacka.aspx</a> for calculation. The price includes transport, food, drinking regime, training, accommodation and any exams and equipment required for each technical level (doboks, belts, paws, protectors....). The equipment will not be received by nine-year-old and older school members who have not attended a training camp for at least two days for more than 13 months and have been at our school for more than 13 months. Basic price - 1 day at 1000 CZK minus discounts

Discounts: 50% every third and additional practicing family member, GBHS teachers and lifetime members

10% non-training and training visits from other schools

10% own trip reported by **DEC 18** (5% one-way)

10% for registration and a deposit of CZK 1,500 paid for Great winter until **DEC 18**.

5% of the entire concentration

## No discounts can be used for payments after the end of the event, including surcharges.

Sign up only via the Events Schedule <a href="www.tkd.cz">www.tkd.cz</a>. Pay preferably to the school's account 2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP) with the generated VS when logging in, or to the teachers. Supplements and payments are possible on the spot upon arrival. The deposit is refundable only in case of an excuse two days before the start of the entire training for serious, demonstrable health reasons.

**PROGRAM:** Three training sessions a day. Beginners will have a separate group to raise their technical level as much as possible. You can expect many games and competitions. At the Great Winter, a traditional competition for the best delivered Christmas cookies, salad, or schnitzel. Of course, expect an extraordinary Korean New Year's Eve party!!! Korean cuisine, Korean movies, midnight training, fireworks... The last day of the year and one more will be trips with less training.

As part of the event, Grandmaster Do Ki Hyun's trainings focused on health and combat taekyun and hopaesool, defense with Korea's secret weapon, will also take place.

**TAKE WITH:** school dobok from the yellow stripe, school protectors from the green belt, school lapa from the yellow belt, practice knife from the 1st kup, clothes and shoes for outdoor and indoor exercises, good mood and desire to practice and learn, health insurance card, swimsuits, reasonable pocket money, common necessities, pencil, paper... We only support equipment acquired or purchased at our school, only current members of the ITF and EITF representatives have approved protectors and Ukrainian refugees for their imported equipment. A sleeping bag or pillow is necessary.

For minors, a strict ban on valuables and larger financial amounts. I will leave the mobile phone to the parents' discretion and responsibility. Skis are possible in case of snow for adults. Allergy sufferers and the like, please have your medication ready and report any health problem that could limit your training in advance!!!

**NOTE:** - For smaller, unaccompanied children, we assume basic hygiene habits, knowledge of the clock and the right and left sides, and the ability to communicate with the teacher, which every parent must support. If this is not the case, participation without an escort is impossible.

- We are not going to the sea on vacation, so expect adequate physical exertion.
- By participating in this event, you significantly increase your chances for exams and races.
- Every minor will have a parent's phone number, preferably a mobile phone number.
- In case of indiscipline, anyone may be expelled from the event without compensation based on the teacher's decision, or compensation may be imposed.
- It is better to read the entire leaflet once more and then inform yourself in case of confusion.

info and apologies: urgent Martin Zamecnik 603302739, ordinary - info@tkd.cz See you at the center!