# **2nd Winter, 1st Spring and Great Spring camp and EXAMS**

WHEN: 2nd Winter FEB 20 - 26, 1st Spring MAR 3 - 10, Great Spring APR 5 - 10. Take advantage of the spring or Easter holidays and come to practice for a few days and take exams!

Meeting for shared transport FEB 20 Chodov in front of the TKD center ZŠ Campanus, at the gate from Hroncova street at 10:30, Meeting MAR 3 at 14:40 at the same place, meeting on APR 5 Roztyly bus station, stop # 3 at 16:30, end of events and departure always around 15:00 (not without handing over a cleaned room).

WHERE: our Beztahov center near Votice (map at www.tkd.cz)

For motorists, arrival FEB 20 no earlier than 11:00 (first day, other days at any time). First training from 11:45. On MAR 3 and APR 5 arrival no earlier than 18:30, first training from 19:45.

**WHO:** The trainings are intended for all interested parties. Exams will always take place on the last day from approximately 13:30. In order to review and possibly participate in some TKD exams, it is necessary to complete at least a complete final 2-day preparation. Or it is also possible to attend at least 2 whole other days and come to the final exams if you pass the rehearsals. With the number of training sessions, the chance of a successful examination also increases. Exams are intended only for registered members of the school who pay dues (this also applies to other martial arts). On the second winter we will also practice FMA, on the 1st spring Hopae sool including races and on the Great Spring Gumdo also including races.

#### The camp is suitable for all interested parties, including absolute beginners.

**PRICE:** You can use the calculator at <a href="https://www.tkd.cz/kalkulacka.aspx">https://www.tkd.cz/kalkulacka.aspx</a> for calculation. The price includes transport, food, drinking regime, training, accommodation and any exams and equipment required for each technical level (toboks, belts, paws, protectors....). The equipment will not be received by nine-year-old and older school members who have not attended a training camp for at least two days for more than 13 months and have been at our school for more than 13 months. Basic price - 1 day at 1000 CZK minus discounts

Discounts: 50% every third and additional practicing family member, GBHS teachers and lifetime members

35% non-training and 10% training visits from other schools

10% own trip reported for 2nd Winter. until FEB 10, for 1st Spring until FEB 25 and for the Great Spring until MAR 25, (5% one-way)

10% for registration and a deposit of CZK 1,500 paid for Winter until FEB 10, for 1st Spring until FEB 25 and for the Great Spring until MAR 25.

5% of the entire camp.

### No discounts can be used for payments after the end of the event, including surcharges.

Sign up only via the Events Schedule <a href="www.tkd.cz">www.tkd.cz</a>. Pay preferably to the school's account 2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP) with the generated VS when logging in, or to the teachers. Surcharges and payments are possible on the spot upon arrival. The deposit is refundable only in case of an excuse two days before the start of the entire training for serious, demonstrable health reasons.

**PROGRAM:** Three training sessions a day. Beginners will have a separate group in order to raise their technical level as much as possible. We will also prepare more for dan exams and the competition season.

WHAT WITH: tobok from the white and yellow belt, protectors from the green belt, lapa from the yellow belt, training knife from the 1st kup, pencil, paper, clothes and shoes for training outdoors and indoors, good mood and desire to practice and learn, health insurance card, swimwear, reasonable pocket money, common necessities, ... We only support equipment obtained for free or purchased at our school, only current members of the ITF and EITF approved protectors and Ukrainian runners have their own equipment imported from Ukraine. Do not bring other equipment with you to events. A sleeping bag or pillow is necessary.

For minors, a strict ban on valuables and larger financial amounts. I will leave the mobile phone equipment to the parents' discretion and responsibility. Skis are possible in case of snow for adults. Allergy sufferers and the like, please have your medication ready and report any health problem that could limit your training in advance!!!

**NOTE:** - For smaller, unaccompanied children, we assume basic hygiene habits, knowledge of the clock and the right and left sides, and the ability to communicate with the teacher, which every parent must support. If this is not the case, participation without an escort is impossible.

- We are not going to the sea on vacation, so expect adequate physical exertion.
- By participating in this event, you significantly increase your chances for exams and races.
- Every minor will have a parent's phone number, preferably a mobile phone.
- In the event of indiscipline, anyone may be expelled from the event without compensation based on the teacher's decision, or compensation may be imposed.
- It is better to read the entire leaflet once more and then inform yourself in case of confusion.

info and apologies: urgent Martin Zamecnik +420 603302739, ordinary - info@tkd.cz See you at the training sessions!

# 9th Haidong Gumdo Intensive Weekend and Exams

The event is intended for all those interested in the path of the sword, including complete beginners.

APR 14 – 16 Beztahov Arrival and accommodation from 18:00. First practice 19:00. Exams APR 16 after lunch.

Price 3,900 CZK - including accommodation, food, additional training for the duration of the event, possible exams including a certificate for those who are prepared plus equipment for the exams. Exams only for tuition-paying HG trainees (or private lessons). Sign up only via the Schedule of Events at <a href="https://www.tkd.cz">www.tkd.cz</a> and pay in advance to the GBHS account or in person to the teacher. Payment after APR 5 is 4500 CZK.

Don't miss a unique event of this type and become the pioneers of Czech Haidong Gumdo. Prepare with us for competition in 2023 here or abroad and a seminar with a Korean master !!! Preparation for dan exams.

## Teacher's weekend

MAR 31 – APR 2 Beztahov, From 18:00 arrival and accommodation. First practice 19:00. Finishing on Sunday afternoon.

The event is compulsory and free for all teachers and assistants in its entirety. Other applicants for intensive preparation to teach in our school in the future must be at least 16 years old and 4th grade and pay CZK 1,500 upon arrival to the school's account at the latest

I am currently asking the union for the possibility of a refereeing course as part of this event, which may change the Friday start to an earlier date, which I will keep you informed about.

We welcome all newcomers among future teachers and assistants. Take your TKD studies to the next level!

## 12th intensive weekend of taekkyon and hopae, exams

Come get to know Korea better and improve your kicks or learn an effective self-defense weapon!!!

WHEN and WHERE: MAR 3-5 Beztahov - our center, arrival from 18:30. A sleeping bag is necessary, possibly a pillow. Transport can be arranged by agreement in advance. The event is intended for all those interested in these unique martial arts. Exams MAR 5 after lunch.

If someone is only interested in taekkyon or only hopae, there is no problem for them to participate only in specific trainings and during the second trainings to practice individually, rest... or practice TKD with us as part of the 1st Spring training camp.

**HOW MUCH:** 2500 CZK. The price includes food, drinks, training, accommodation, exams. Pay in advance to the school's account or in cash to Master Martin Zamecnik. Payment after FEB 25 is 2900 CZK.

**WHO:** The event is intended for duly paying members of taekkyon and hopae sool and all interested parties. Everyone can become a member directly at the event by paying for the membership and applying. You can find more detailed information about membership, regular training and both martial arts at <a href="www.taekkyon.cz">www.taekkyon.cz</a> and <a href="www.hopae.cz">www.hopae.cz</a>. Sign up only through the schedule of events at <a href="www.tkd.cz">www.tkd.cz</a>.

Become the pioneers of Czech Hopae and Taekkyon!!! Prepare for competitions and dan exams with us!

## CST and CZO Cup 2023

 $FEB\ 10-11\ Trebon, register\ only\ on\ our\ website\ in\ the\ schedule\ of\ events\ until\ JAN\ 29\ including\ referees$ 

 $MAR\ 3-5\ Prague,\ register\ only\ on\ our\ website\ in\ the\ schedule\ of\ events\ until\ FEB\ 19\ including\ referees$ 

Both events are mandatory for state representatives (participation in the second round of the CST Cup will not be possible due to the training of the teams at the MCR). We will register referees collectively for the school. We will provide the entry fee to all STM and STS free of charge, as well as accommodation and food in Beztahov. Those interested outside of STM and STS can apply for the Cup and we will deal with their applications individually.

More information about meetings, etc. will be sent by email in the week before the event.

Take advantage of the opportunity to compete against foreign participants in the new year!!!