

Knowledge and experience camp - Korea 2023!!!



JUL 3rd (departure from Prague) – 21 (departure from Seoul), Hotel Orakai, Insadong – a high-end suite-type hotel in central Seoul with sauna, steam room, swimming pool, hot tub, gym and gymnasium. The date of the event can be adjusted by 1-2 days depending on the availability of flights. Similarly, the hotel can be modified to a similar type according to availability.

CZK 45,900 – the price includes accommodation, training, meals, transport costs in Korea, entrance fees. The price does not include the flight ticket (currently the cheapest around 20,000 CZK with a transfer, if Korean air starts flying there will be direct flights as well). Until MAR 30 it is necessary to pay a non-refundable deposit of CZK 25,000 to the school account 2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP). After this date, we do not guarantee the same price or the same hotel, but it is possible to change the participant's name. Children under 15 only with the approval of the event organizer - Master Martin Zamecnik, tel.: +420 603302739.

The exact training program will be determined according to the composition of the participants and adapted to the weather, physical condition and interests of the participants and coping with a significant time difference. The event is conceived as a mix of cultural, historical, gastronomic traditions of Korea, Korean language, and Korean martial arts.

Here is just a small taste: Monuments - Royal Palaces, National Museum, Monuments related to historical figures and events from ITF Tuls, leading Buddhist monasteries, Royal Tombs, Suwon Fortress, Jeju Island...

Culture – traditional hanbok suit, shopping in modern supermarkets or small streets and markets, modern Gangnam district, Bukhasan nature park, traditional Korean hanok house, old-school teahouses...

Mudo - ITF training, taekkyon, hopae sool, gumdo..., visit to Kukkiwon, individual lessons with grandmasters and masters

Example of a day's schedule:

8:40 very good hotel breakfast and Korean lesson

10:00 – 11:00 stretching and training of kicks and tuls in the hotel pool, whirlpool, sauna

11:30 – 13:00 individual training with Grandmaster Son focused on knife defense

13:30 lunch at a Korean restaurant focused on mandu (dumplings) and kimbab (sushi)

14:30 - 19:00 visit Ahn Joong guna memorial and climb Namsan mountain, taste rice cakes

19:30 – 21:00 Health Taekyun and Hopae Sool training with Grandmaster Do Ki Hyun at Insadong

21:15 Korean grill - samgyopsal, kimchi, kaktugi and ubiquitous garlic☺, all unlimited!

Apply only through the Schedule of events at www.tkd.cz!!! Don't hesitate and visit unique Korea!!!