

## Not only STM camp 2023

**WHEN:** spring Apr 28 – May 8, summer Aug 6 – 13, autumn Sep 27 – Oct 1.

The meeting for transport together is always on the first day of the training at the Roztyly bus station, bus stop no. 1 at 16:15. End of events and departure always around 15:00 - 16:00 (not without handing over a cleaned room).

**WHERE:** our Beztahov center near Votice (map at [www.tkd.cz](http://www.tkd.cz))

For motorists, arrival is always at 18:00 at the earliest (first day, other days at any time), first training at 19:45.

**WHO: The camps are intended only for those interested in sports training and participation in our STM and STS teams and already confirmed STM and STS members. For STM members and those interested in STM or STS membership, participation in the entire training is mandatory.** For STS members according to the contract. New applicants must bring the STM/STS contract (downloadable on our website) signed in two copies, which will be confirmed to them in case of nomination at the end of the event. STM members are automatically registered for the event. Others must apply.

**PRICE:** You can use the calculator at <https://www.tkd.cz/kalkulacka.aspx> for calculation. The price includes transport, food, drinking regime, training, accommodation and any tests and equipment required for each technical level (dobos, belts, paws, protectors...). The equipment will not be received by nine-year-old and older school members who have not attended a training camp for at least two days for more than 13 months and have been at our school for more than 13 months. Basic price - 1 day at 1000 CZK minus discounts

Discounts: 50% every third and additional practicing family member, GBHS teachers and lifetime members

35% non-training and 10% training visits from other schools

10% own transport reported for spring by **Apr 20**, for summer by **July 1** and for autumn until **Sep 20**, (5% one-way)

10% for application and a deposit of CZK 1,500 paid for spring by **Apr 20**, for summer by **July 1** and for autumn until **Sep 20**  
5% of the entire camp.

**No discounts can be used for payments after the end of the event, including surcharges.**

Applications only via the Events Schedule [www.tkd.cz](http://www.tkd.cz). It is best to pay to the school account **2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP)** with the generated VS when logging in or on behalf of the student, or to teachers. Supplements and payments are possible on site upon arrival. The deposit is refundable only in case of an excuse two days before the start of the entire camp for serious, demonstrable health reasons.

**PROGRAM:** Three to four training sessions a day. Intensive technical, tactical and physical training including seminars with Grandmaster Hwang, training with our guests, trips and other fun activities.

**TAKE WITH:** school dobok from yellow stripe, school protectors from the green belt, school lapa from the yellow belt, practice knife from the 1st kup, pencil, paper, clothes and shoes for outdoor and indoor exercises, good mood and desire to practice and learn, health insurance card, swimsuit, reasonable pocket money, common necessities, pencil, paper... We only support equipment obtained for free or purchased at our school, only current members of the ITF and EITF approved protectors and Ukrainian runners have their own equipment imported from Ukraine. **Do not bring other equipment with you to events. A SLEEPING BAG necessary and/or a pillow.**

For minors, a strict ban on valuables and larger financial amounts. I will leave the mobile phone equipment to the parents' discretion and responsibility. Skis are possible in case of snow for adults. Allergy sufferers and the like, please have your medication ready and report any health problem that could limit your training in advance!!!

**NOTE:** - For smaller, unaccompanied children, we assume basic hygiene habits, knowledge of the clock and the right and left sides, and the ability to communicate with the teacher, which every parent must support. If this is not the case, participation without an escort is impossible.

- We are not going to the sea on vacation, so expect adequate physical exertion.
- By participating in this event, you significantly increase your chances for exams and races.
- Every minor will have a parent's phone number, preferably a mobile phone.
- In the event of indiscipline, anyone may be expelled from the event without compensation based on the teacher's decision, and/or compensation may be imposed.
- More detailed information can be found on our website for each event in the Rules for staying at the training camp
- It is better to read the entire leaflet once more and then inform yourself in case of confusion.

**info and apologies:** urgent **Martin Zamecnik +420603302739**, ordinary - [info@tkd.cz](mailto:info@tkd.cz) See you at the training camps!