

Cognitive and experiential camp - Korea 2022 !!!



July 4 (departure from Prague) – July 22 (departure from Seoul), Hotel Orakai, Insadong - a top suite hotel in the center of Seoul with sauna, steam room, swimming pool, hot tub, gym, and gymnasium. The date of the event can be adjusted by 1-2 days according to the possibility of flights. The condition is that according to current information from April 1 the quarantine has been removed and only a PCR test should be needed.

39 900 CZK - the price includes accommodation, trainings, food, transport costs in Korea, entrance fee. The price does not include a flight ticket (currently the cheapest from 12,528CZK via Warsaw, direct flight around CZK 20,000 at Korean air, if they start flying). Until April 30 it is necessary to pay a non-refundable deposit of CZK 25,000 to the school's account 2001870779/2010 (IBAN CZ53 2010 0000 0020 0187 0779, SWIFT FIOBCZPP). We do not guarantee the same price or the same hotel after this date, but it is possible to change the participant's name. Children under 15 years only with the approval of the event organizer - master Martin Zamecnik, tel.: +420603302739.

The exact program of the camp will be determined according to the composition of the participants and adapted to the weather, physical condition and interests of the participants and coping with a significant time lag. The event is designed as a mix of cultural, historical, gastronomic traditions of Korea, Korean and Korean martial arts.

Here is just a small tasting: Monuments - Royal Palaces, National Museum, monuments associated with historical figures and events from the ITF Tuls, leading Buddhist monasteries, royal tombs, Suwon Fortress....

Culture - traditional hanbok suit, shopping in modern supermarkets or small alleys and markets, modern Gangnam district, Bukhasan nature park, traditional Korean hanok house, old school teahouses...

Mudo - ITF trainings, taekkyon, hopae sool, gumdo..., visit to Kukkiwon, individual lessons with grandmasters and masters

Example schedule of the day:

8:40 very good hotel breakfast and Korean lessons

10:00 - 11:00 stretching and training of kicks and tulls in the hotel pool, whirlpool, sauna

11:30 - 13:00 individual training with Grandmaster Son focused on defense against knives

13:30 lunch in a Korean restaurant focused on mandu (dumplings) and kimbab (sushi)

14:30 - 19:00 visit to the Ahn Joong guna memorial and climb to Mount Namsan, rice cake tasting

19:30 - 21:00 training of medical taekyun and hopae sool with Grandmaster Do Ki hyun on Insadong

21:15 Korean grill - samgyopsal, kimchi, kaktugi and ubiquitous garlic☺, all unlimited!

Applications only via the Schedule of Events at www.tkd.cz!!! Don't hesitate and visit the unique Korea !!!