

## **7th intensive weekend Taekkyon and hopae, exams**

**Come to get to know Korea better and better your kicks or get to know effective self-defense weapon!!!**

WHEN and WHERE: 16th – 18th July Beztahov – our center, arrival 18:00. Sleeping bag needed, possible pillow. Transport can be arranged by prior arrangement. Event is dedicated to all interested in these unique martial arts. The event takes place simultaneously with the 1st summer.

PROGRAM:

|          |       |                                      |       |                                 |
|----------|-------|--------------------------------------|-------|---------------------------------|
| Friday   | 18:30 | hopae,                               | 19:30 | taekkyon                        |
|          | 20:40 | dinner and then theory               |       |                                 |
| Saturday | 9:30  | hopae,                               | 11:00 | hopae taekkyon                  |
|          | 15:00 | training for exam (mostly sparring), |       | photographing                   |
|          | 19:00 | taekkyon,                            | 20:00 | hopae                           |
|          | 21:00 | pre-exams and individual corrections |       |                                 |
| Sunday   | 9:30  | taekkyon,                            | 11:00 | hopae, second possible pre-exam |
|          | 14:00 | exams                                |       |                                 |

When is somebody interested only in taekkyon or just hopae, no problem to attend only particular training and in time of the other trainings to practice individually or work, relax or practiced TKD...

Second and next exams are possible to be performed only in the garment which you will already receive.

HOW MUCH: 1900CZK. The price includes, food, drinking regime, training, accommodation, exams. Pay in advance to the school account under your name and the name of the event in the note 2982742001/5500 (IBAN: CZ7955000000002982742001, SWIFT RZBCCZPP) or in cash to master Martin Zamecnik.

WHO: The event is dedicated to regularly paying members of taekkyon and hopae sool, and all interested trainees. Everybody can become a member directly on the event by paying membership and filling application. The Hopae can be bought on site for 490CZK. More information on membership, regular training and both martial arts can be found at [www.taekkyon.cz](http://www.taekkyon.cz) and [www.hopae.cz](http://www.hopae.cz). Application only through the schedule of events at [www.tkd.cz](http://www.tkd.cz).

**Become pioneers of the Czech Hopae and Taekkyon!!! Prepare with us to our first competition in taekkyon right in Korea, for free for the best. Next HP and TK winter 22.**

## **5th intensive weekend Haidong Gumdo and exams**

**The event is dedicated to all interested in the way of sword including absolute rookies.**

### **3<sup>rd</sup> September**

18:00 Arrival and check in on Beztahov (sleeping bag needed)

18:30 – 20:30 Fundamental techniques training

21:00 – 22:00 theory

### **4<sup>th</sup> September**

10:00 – 12:30 Patterns, drawing a sword

15:30 – 17:30 Sparring, additional program

19:30 – 21:00 stamina in stances, extinguishing a candle, chopping paper

21:00 – 22:00 pre-exams

### **5<sup>th</sup> September**

9:30 – 12:30 The whole program and second possible pre-exams

14:30 EXAMS

Price 4500CZK – The price includes accommodation, food, additional trainings during the event. Possible exams including certificate for prepared, plus equipment for exams (if not acquired in advance). Exams only for membership paying HG trainees (or private lessons). Applications only through the schedule of events at [www.tkd.cz](http://www.tkd.cz) and pay in advance to GBHS account or personally to the teacher.

**Don't miss the unique event of this type and become the pioneers of the Czech Haidong Gumdo. Prepare with us for our first competition abroad and a camp with Korean master Lee!!! The next HG weekend traditionally 25 – 27 December.**

**For the fall 21 we are preparing another two very interesting seminars, which will be announced by individual notices:**

**17 – 19 September International seminar Kyusho a FMA with masters Zsolt Szenasi and Peter Nemeth – practical self-defense, sensitive points, Philippine sticks and a knife fight. Discounts for EKA Kyusho a FMA members. Initial seminar to regular lessons of Kyusho i FMA. Very suitable for all those interested in martial arts and I especially recommend higher belts for self-defense, knife fighting and a new level of coordination of your body.**

**5 – 7 November International seminar Haidong Gumdo with master Lee Chul Kyung – seminar for absolute rookies and advanced students. A unique opportunity to train again very intensively after two years with a Korean master directly in the Czech Republic. Discounts for members of the Czech HG. Suitable for anyone who would like to try real martial arts with a sword.**