## 5th weekend camp of taekkyon and hopae, exams

**Come to get to know Korea better and improve kicks or get to know an effective self-defense weapon!!!** WHEN and WHERE: Dec 11-13 Beztahov, arrival from 18:00. Sleeping bag necessary, possibly a pillow. Transport can be arranged by prior arrangement. The event is intended for all those interested in these unique martial arts. PROGRAM:

| <b>T</b> : 1 | 10.00 | 1 10.00 11   |
|--------------|-------|--|
| Friday       | 18:00 | hopae, 19:30 taekkyon                              |
|              | 21:00 | dinner and after theory                            |
| Saturday     | 8:30  | hopae, 10:30 hopae taekkyon                        |
|              | 15:00 | separate preparation for exam (mostly sparring)    |
|              | 18:30 | taekkyon, 20:00 hopae                              |
|              | 21:30 | pre-exams and individual repairs                   |
| Sunday       | 9:30  | taekkyon, 11:00 hopae, second chance for pre-exams |
|              | 14:00 | exams  |
|              |       |  |

If someone is only interested in taekkyon or only in hopae, it is not a problem to participate only in specific trainings and during the second trainings they practiced or worked individually, rested...

The second and other exams can be performed only in a garment that can be purchased at the event (universal trousers for taekkyon and hopae 890CZK, taekkyon shirt 250CZK, hopae shirt 250CZK).

HOW MUCH: 1900CZK. The price includes, food, drinking regime, training, accommodation, exams. Pay to the school's account under your name and the name of the event in note 2982742001/5500 or in cash to Master Martin Zámečník.

WHO: The event is intended for duly paying members of taekkyon and hopae sool and all interested participants. Everyone can become a member directly at the event by paying for membership and application. Hopae can be purchased on the spot for 490 CZK. More information about membership, proper training and both martial arts can be found at www.taekkyon.cz and www.hopae.cz. Log in only via the schedule of events at www.tkd.cz.

Become a pioneer of Czech hop and taekkyon!!! Get ready with us for our first taekkyon competition in Korea, which we will pay for the best!