

# 1st Summer, Not only STM and Big Summer CAMP

**WHEN:** 1st Summer 19.7. - 30. 7. 2019, Not only STM 4. - 11.8. 2019, Big Summer 26.8.-1.9.2019

Meeting for departure for mass transport - Prague - Roztyly, bus platform No. 2, 19.7. at 17:00, 4.8. at 16:00, 26.8. at 8:20, return around 18:00 to be specified by phone.

Arrival for your own transport on the first day for the 1st Summer from 18:30, for not only STM from 18:30 and for the Big Summer from 10:00-not earlier. Picking up the participants on the last day at approximately 15:00 (start of exam from 13:15 to 13:45).

For the possibility of making the exams, the latest arrival for the 1st Summer is required 27.7. at 9:15, for Not only STM 10.8. at 9:15 and for Big Summer 31.8. at 9:15. With the number of days taken, the ability to perform exams also increases. Double exams are not possible with a minimum of days. But the main task is not the exam but intensive training and improvement.

**WHERE:** everything in our center Beztahov, Votice - map in the schedule of events

These are the first major historical events in our own building. Currently 4 large loghouses with 30 beds - 8,8,8,6 rooms plus bathrooms, toilets in each loghouse. Domestic Czech and Asian food on site. We practice outdoors, in case of bad weather in a big party tent or a nearby gym. Swimming close.

**WHO AND WHAT:** 1st Summer - the longest but less intensive camp, two trainings a day and afternoon trips, games...

Not only STM - the camp is intended primarily for STM (Talent Youth Center) and STS members. All members of the STM with a valid contract are obliged to complete the whole camp or to apologize in advance on the basis of provable serious health problems. All those interested in STM and STS have the opportunity to join on the camp. The training is also intended for all those interested in sporting trainings and those interested in exams. **STM members are automatically logged in to this camp (or report changes). 3 trainings a day.**

Big summer - 3 trainings a day plus morning warm-ups, intensive training with intensive exam preparation. For people interested in a truly challenging martial arts training.

**PRICE:** You can use the calculator on <https://www.tkd.cz/kalkulacka.aspx> for the calculation. The price includes transport from and to the meeting point, food and drink regime, accommodation, training, possible exams and equipment for each technical grade (doboks, set of protectors, methodical manuals, pads, training knife - this equipment is not entitled to 9 y.o. and older members who have been in our school for 13 months and longer and have not attended any camp in the last 13 months.

1 day 1000Kč minus discounts

Discounts: 50% every third and next family member, GBHS teachers, lifelong members

40% members of STM GBHS logged in by school to Not only STM, members of STS (2 days see contract)

35% non-practitioners, 15% visits from other schools

10% own transport (5% one trip) reported till 1.7.

10% login till 1.7. and deposit 1500CZK for event till 1.7. (on account no later than 2.7.)

5% whole camp

10% only days when filling up the capacity for living in your own tent or without accommodation

Within 48 hours after the deadline for discounts, the possibility of a discount for your own tent or accommodation will be announced when the term is overcrowded. Possible interest in this option to write to the note. In such insoluble overcrowding, participants with the shortest stays will be appealed in order from the latest signed in to using this discount or change of date.

Discounts can be combined to a maximum of 100%. The deposit is refundable only in case of an excuse within two days prior to the start of the camp for the serious health reasons. Deposits or full amounts can be clearly identified by name and purpose to send on 2982742001/5500 to our school account or to pay cash to teachers. The rest of the amount can be paid on the spot or again to the account. **It is not possible to use the discounts when paying after the event. Login only via [www.tkd.cz/harmonogram.aspx](http://www.tkd.cz/harmonogram.aspx)** . Possible changes of the application forms via [info@tkd.cz](mailto:info@tkd.cz)

**WARNINGS AND WHAT WITH:** From the 9th grade school dobok, SLEEPING BAG, possibly pillow, paper, pencil, small pocket money, common needs like for camps. From the yellow pad and from the green protectors. Shoes and clothes for training outside and inside. Maybe hopae, gumdo and taekkyon. Family visits only by prior arrangement.

**- very bad signal or none and it is difficult to call, valuables prohibited**

- each participant may be sent to home without compensation on the basis of a decision of the teachers.

- The number for the parents and the health insurance card will have everyone with

**PROGRAM:** 8:40 breakfast (or warm-up) 9:30 training, 12:30 lunch

15:00 afternoon program (screening, team trainings, running...)

16:00 afternoon training (mostly non-training program for 1st Summer), 18:30 dinner

19:45 training (possible without pre-school children after agreement), lights-out from 22:00

If your child can recognize right and left, recognize clocks, has basic hygiene habits, and is able to communicate with a teacher (eg, telling him he/she feels sick) - there is no problem to absolve camp alone. For small children, we recommend the participation of parents, rather than hasty and cranking everyday home calls, which are difficult to perform technically. Parents must support direct communication between the pupil and the teacher.

I believe that anyone who is interested in Taekwon-do will use these possibilities to practice intensively, even under the leadership of Grand Master Hwang Ho-yong, and will certainly be rewarded with a nice test result or competition. Remember, it is better to come only for the weekend than to sit at home. I hope that all those who are really interested in exercising will choose at least one event - otherwise consider if TKD is not just a waste of time for you. Camps for beginners and white-yellow belts are very important. In September, a massive

recruitment of newcomers will take place again, and those who do not have a yellow belt will start with them again. That is why we recommend that all beginners make maximum effort to achieve the yellow belt during the summer. All those who did not participate in any camp in the last school year should choose at least one event in order not to lose their free equipment.

**You better read the whole leaflet once more.**

**info and apologies: [info@tkd.cz](mailto:info@tkd.cz) acute questions: 603302739 master Martin Zámečník**