

## Spring not only STM, only STM and STS with teachers' weekend and Master Szenasi

**WHEN:** Not only STM 30.4. - 5. 5. 2019, Only STM 7.-12.5. 2019, Teachers' weekend 10.-12.5.2019

Meeting for departure Praha, Na knížecí, bus station n. 2, at 16:15, return around 18:00 will be specified. Arrival for car drivers first day at 18:00 - 18:30 (diner and evening training in program)-not earlier. Pick-up of participants always last day around 16:00.

**WHERE:** RS Spolana Varvažov - map can be found in the Schedule of Events at tkd.cz

Summer camp Spolana Varvažov at Písek is one of our long-established locations. Wooden log cabins and wooden chalets in beautiful countryside near the Orlická Dam . Excellent home cooking.

**WHO AND WHAT:** Not only STM - the focus is mainly for members of the STM (Youth Talent Center) and STS. All STM members with a valid contract have the obligation to complete the whole session or to be excused in advance due to proven serious health problems. All those interested in STM and STS have the possibility to add themselves on this camp. The focus is further on for all those interested in more sporty training and test subjects. STM members are logged on automatically. More intense trainings. Visits of family members are possible only upon prior arrangement.

STM and STS only - for STS members (as one of the optional mandatory weekends) and for nominated STM members for the STM Spring Competition. We expect nomination for up to 90% of members.

Teachers' weekend – mandatory for teachers and assistants and adepts for these positions in next school year. Log in and deadlines are the same as Only STM and STS.

**Exams** – 5.5. from 13:45. For pre-exams and exams is possible arrival at least on 4.5. at 9:30, we recommend much more time to better chance to pass the exams.

**Trainings with Master Szenasi** – unique visit of Master Szenasi will take place on 7.-10.5. The Master will conduct every day the lessons of using vital spots, practical self-defence and sport trainings. Also non-members of STM and STS can participate on trainings with Master Szenasi, but without using any discounts. At log-in to the notice write, please, Szenasi.

**PRICE:** For calculation, you can use the calculator at <https://www.tkd.cz/kalkulacka.aspx>. Included in the price are transportation from and to the meeting place, food and drinking regime, accommodation, training sessions, event trials, and equipment for the benefit of each technical grade (doboks, color and black tapes, set of guards, methodical guides, pads, training knife). For the equipment is no claim for members who are members 13 months and more and didn't participate at last 13 months on any camp and are 9 y.o or more). Dobok is necessary for exams, and also the next equipment. Dobok is possible to buy on camp (see Equipment on [www.tkd.cz](http://www.tkd.cz))

1 day 1000CZK minus discounts

Discounts: 50% each third and other family member, GBHS teachers, lifelong members

40% STM GBHS members, STS members (two days see contract)

35% non-practicing, 15% visits from other schools

10% own transport (5% one-way) reported for not only STM till 15.4., for only STM till 6.5.

10% for log-in and deposit 1500 CZK till 15.4. not only STM and 6.5. Only STM

We recommend to pay the deposit for Only STM on the end of Not only STMS

5% whole camp

The deposit is refundable only in the case of an excuse within two days before the beginning of a session at serious health reasons. Any other possible excuses at STM are those solved at signing the treatment. Advance payments or full amounts can be clearly marked with the name and purpose of sending to our school account 2982742001/5500 or paying in cash to teachers. The rest of the amount can be paid on the place or on account again. **No discounts can be made for payments after the event. Sign up only via**

**[www.tkd.cz/harmonogram.aspx](http://www.tkd.cz/harmonogram.aspx)**. Please contact [info@tkd.cz](mailto:info@tkd.cz) for any changes to your application. **STM members are automatically logged into both events and only resolve changes to applications (eg excuse, self-travel, special diet).**

**WARNING AND WHAT WITH:** From 9th gup original school dobok, paper, pencil, small pocket money, ordinary needs like camps. From the yellow pad, and the green protectors. Footwear and clothing for workouts both inside and outside. Hopae and a good mood for taekkyon yourself

- prohibiting valuables

- very bad signal up to no and difficult to call

- Each participant can be sent to the house without a substitute, based on teachers' decision.

- The number for the parents and the health insurance card will have everyone and know where

**PROGRAM:** 8:10 breakfast

9:30 training

12:30 lunch

15:00 afternoon program (screenings, team trainings, running ...)

16:00 afternoon training

18:15 dinner

19:45 training (after agreement without preschool children)

22:00 pupils (23:00 evening juniors)

If your child can learn right and left, has a clock, has basic hygienic habits, and is capable of communicating with the teacher (eg, telling him that he is sick) - it is not a problem to manage camp alone. For small children, we recommend parenting, rather than hasty and crunching, everyday phone calls that are technically demanding here as well. Parents must promote direct communication between the pupil and the teacher.

Please ask all members (parents also at the preschooler) to find time for at least two days to test and perform the tests. You'd better read the entire flyer once again. Info and apologies: [info@tkd.cz](mailto:info@tkd.cz), urgent questions: **Master Martin Zámečník, 603302739, conductor of the camp**