

Experience camp - Korea 2019!!!



12. (departure from Prague) - 23.8. (departure from Seoul), Hotel Orakai, Insadong - a top-class suite hotel in the heart of Seoul with sauna, steam room, swimming pool, jacuzzi, fitness and gym.

29 900 CZK - price includes accommodation, training, meals, transport costs in Korea, admission. Price does not include flight-ticket (currently direct flight 19 339 CZK at Korean air). Till 30.4. it is necessary to pay a non-refundable deposit of 15 000 CZK to the school account. After this date we do not guarantee the same price or the same hotel, but the name of the participant may be changed. Children under 15 only when approved by the event organizer - Master Martin Zámečník, tel.: 603302739.

The exact program of the training will be determined according to the composition of the participants and adapted to the weather, physical condition and interests of the participants and coping with a considerable time shift. The event is conceived as a mix of cultural, historical, gastronomic traditions of Korea and Korean martial arts.

Here is just a small tasting: Monuments - Royal palaces, National Museum, monuments associated with historical personalities and events from ITF Tuls, prominent Buddhist monasteries, royal tombs, Suwon Fortress...

Culture - traditional hanbok suit, shopping in modern supermarkets or small streets and markets, modern Gangnam district, Bukhasan Nature Park, traditional Korean house hanok, old school tearooms...

Mudo - ITF trainings, taekkyon, hopae sool, gumdo..., visit to Kukkiwon, individual lessons with Grandmasters and Masters

Example of day schedule:

9:00 a very good hotel breakfast

10:00 - 11:00 stretching and training kicks in the hotel pool, whirlpool

11:30 - 13:00 individual training with Grand Master Son focused on the defense against the knife

13:30 lunch in Korean Restaurant focused on Mandu (dumplings) and kimbab (sushi)

14:30 - 19:00 Visit the Ahn Joong Guna Memorial and climbing the Namsan Mountain, Rice Cakes Tasting

19:30 - 21:00 training taekyun and hopae sool with Grandmaster Do Ki Hyun on Insadong

21:15 Korean grill - samgyopsal, kimchi, kaktugi and omnipresent garlic 😊

Log-in only via Event Schedule at www.tkd.cz !!! Feel free to visit the unique Korea !!!