

GREAT SPRING CAMP AND EXAMS

WHEN: 28.3 - 2. 4. 2018 - meeting for common transport 15:50 - train station Prague -Liben, opposite cash desk (first day only). Regarding the return, we will call after the exams. A meeting for your own transport on the first day on venue not earlier than 18:00. Other days arbitrarily. On arrival you will find the information for accommodation at the reception desk, or you can call Miss Káňová 608462429. If you arrive during the training session, put things in the common room and join the training, we accommodate you after trainings.

WHERE: Pardubice, DM Gorkého 350 - map can be found at [tkd.cz](https://www.tkd.cz) in Harmonogram, the Youth House in beautiful Pardubice will provide us with the ideal spaces for our high-capacity accommodation, meals and exercises and new very interesting possibilities of excursions.

PRICE: For calculation, you can use the calculator at <https://www.tkd.cz/kalkulacka.aspx>. Included in the price is transportation to the meeting place, food and drinking regime, accommodation, training sessions, event trials. 1 day 1000CZK minus discounts

Discounts: 50% every third and every other family member, GBHS teachers, lifelong members

- 35% non-practicing, 15% visits from other schools
- 10% of your own transportation (5% one way) reported for 20.3.2018
- 10% for check-in and deposit * 2000CZK or 50% of the price until 20.3.2018
- 5% of the whole camp

Discounts are valid only for payment at the latest at the event. In case of payment (even partial) later, discounts can not be used.

* The deposit is refundable in case of an apology by e-mail for serious reasons by March 25, 2018 at the latest. Pay to the school account 2982742001/5500 with the name of the participant's name and the action for which you pay. Payments are also possible on venue or on training trainers. **Please log in via the Harmonogram at www.tkd.cz.**

ORIENTATION PROGRAM:

8:45 breakfast

9:15 - 10:00 taekyon (optional)

10:00 - 12:15 TKD ITF training

12:20 lunch

13:00 - afternoon rest, possibility of independent training, screening, trip ...

16:15 - 18:15 TKD training ITF

18:20 dinner

19:00 - 19:45 hopae sool (optional, buy hopae for 490 CZK on venue)

19:45 - 21:00 TKD ITF training (possible apologize to preschool)

21:00 - 21:45 ITF training only black belts

22:00 pm lights-out for participants under the age of 14

23:00 pm lights-out for participants under the age of 18

The main task will be to raise your TKD level. Students will be divided according to the technical grade into the training groups and each passes a **preexam for the color belt tests that take place on the last day of the session**. For exams no one will be

admitted without at least three days of intense training at that camp (ie the last possible arrival for examinations are on Friday 19:30). The last day of the exam will be from 13:00. Expected departure 14:30. For the first time we also offer the possibility of regular training of traditional Korean martial arts taekkyon and hopae sool.

WITH: dobok, **things to practise both outdoors and inside**, protectors, pad, pencil, paper, health insurance, bathing suits, reasonable pocket can, common needs ... For non-adults strict prohibition of valuables and larger amounts of money. Mobile equipment to parents' own consideration and their responsibility. Allergics etc., please treat your medications well, and any health problem that could restrict your training, report in advance when you log in (also special dietary requirements - vegetarian, celiac ...)

WARNING: - In view of the considerable ease of organization (ordering beds, placements, training plans, groups ...), try to make a 10% discount for deposit in advance and providing the necessary information (arrival, departure ...), thank you for understanding.

- Everyone can, based on their own decision and in agreement with the teacher from the camp leave without compensation - family, health reasons etc ...

- Every non-adult will have a phone number for parents, preferably for mobile phones.

- In the case of gross bad conduct, anyone may be excluded from the event without compensation

- If your child is able to get to know the right and left, he can have watch and recognize, has basic hygienic habits and is able to communicate with the teacher (eg to announce that he is sick) - no problem to manage camp alone. For small children, parents recommended, rather than missing and crying day-to-day phone calls. Parents must support direct communication between the pupil and the teacher.

- **You better read the entire flyer once or inform yourself.**

See you at camp !!! Martin Zámečník, VII.dan, info@tkd.cz (info, apology ...)