

Weekend seminar of health taekkyon, hopae sool and yetbeop



Under the conduction of Korean Grand Master Do Ki Hyun and his pupil Master Hwang In Mu, a seminar of health taekyun, hopae sool and yetbeop 23-25.11 will be held at Campanus Elementary School in our TKD Center in Prague. 2018.

Health Taekyun - a special form of taekkyun developed to maintain good health and longevity with the basics of the classic taekyun as the predecessor of the original taekwon-do.

Hopae sool - Korean martial art with hopae, which is a wooden identification card attached to the rope that every Korean man had to own. A rubber version will be used for safe training. The advanced lesson is intended for madang holders and Udemy course graduates.

Yetbeop - traditional taekyun techniques developed for practical self-defense without competition use with lots of sweeping kicks, low kicks, elbow techniques and knees.

The entire seminar is suitable for all interested parties and children.

Program: Friday 17:30 - 20:00 health taekyun, 20:00 - 21:30 hopae for advanced

Saturday 14: 00-16: 30 yetbeop and 17: 00-19: 30 hopae for all

Sunday 10: 00- 12:30 yetbeop, health taekyun and 15: 00-18: 00 hopae for all

After and between the training sessions, participants will be able to spend more time with the Grandmaster on a common meal with questions. Participants in the seminar will also be invited to other regular training sessions with Grandmaster Do and Master Hwang during their almost two-week stay in Prague.

Price: 1 day 950 CZK, whole seminar 1900 CZK. When signing up after 20.11. the price is increased by CZK 200. Hopae can be bought on site for 490 CZK. Applications via Harmonogram only at www.tkd.cz. Payments at a seminar. Questions to +420 603302739.

Take the opportunity to take part in a unique seminar in Europe!