

1. Summer, Not only STM and Big summer camps

When: 1. Summer 14.7.-23. 7.2018, Not only STM 17.8.-4.8. 2018, Big summer 27.8.-2.9.2018

Meeting for departure for Prague, Na Knížecí bus platform No. 5, 14.7. at 9:45, 28.7. at 17:15, 27.8. at 10:45, the return of around 18:00, we will specify by phone.

Arrival for own transport first day for 1st summer from 11:30, for Not only STM from 18:00 and for the Great summer from 12:00-not before. Pick up of participants always on the last day about 15:00 (beginning of exams in 13:15 to 13:45).

The latest arrival for the possibility to perform exams is - for the 1st summer 21.7 in 9:15, for Not only STM 3.8. in 9:15 and for Big summer 1.9. in 9:15. The number of days of practice increases the possibility of performing exams. Double exams are not possible with a minimal number of days. But the main task are not the exams but intensive training and improvement.

Where: 1. Summer, not only STM Varvažov Ostrovec, Big summer RS Spolana Varvažov – Map in schedule of events.

Recreational Centre Spolana Varvažov and the Ostrovec at Písek are our long-term verified localities. Wooden cottages in the beautiful countryside near the dam Orlik. Excellent home-made cooking. Bathing in the river.

Who and What: 1st Summer – Longest but less intensive camp, two trainings daily and at afternoon trips, games...

Not only STM-camp is addressed primarily to the STM members (centre of talented youth) and STS. All members of the STM with a valid contract are obliged to complete this camp or, only on the basis of serious health problems, to apologize in advance. All interested in STM and STS have the opportunity to get their late nomination in this camp. The camp is also intended for all those interested in sports trainings and interested in exams. STM members are logged on to this camp automatically (changes write to e-mail). 3 trainings daily.

Large Summer – 3 trainings daily plus morning calisthenics, intense camp with intensive preparation for exams. For people interested in real intensive martial arts training.

Price: For calculation you can use the calculator on <https://www.tkd.cz/kalkulacka.aspx>. Transport from and to the meeting place, food and drink regime, accommodation, trainings, possible tests and equipment as a profit of each technical degree (doboks, set of protectors, methodological manuals, pad, practice knife) – included. To this equipment are not entitled 9-y.o and older members who are 13 months or more members of our school and have not attended any camp in the last 13 months).

1 day 1000Kč minus discounts

discounts: 50% every third and next practising family member, teachers GBHS, lifelong members

40% members of STM GBHS if school reports them for STM, members of STS (2 days see contract)

35% non-practising, 15% visits from other schools

10% own transport (5% one way) reported to 1.7.

10% for login and deposit 2000Kč or at least 50% price up to 1.7.

5% whole Camp

Discounts can be combined up to a maximum of 100%. The deposit is refundable only in case of serious health reasons and an apology within two days before the start of the camp. Deposits or full amounts can be sent, clearly marked with the name and purpose, to our school account 2982742001/5500 or paying in cash to teachers. The rest of the amount can be paid on venue or to an account. Discounts are not available for payments or surcharges after the event. Enrollments only via www.tkd.cz/harmonogram.aspx. Resolve any application changes via info@tkd.cz.

Notices and what with: from 9. kup original school dobok, paper, pencil, small pocket money possible, common needs as for the camps. From the yellow a pad and from the green protectors. Footwear and clothing for training both outdoors and inside. It will be both Hopae and Taekkyon. Visits of family members are possible only by prior arrangement.

Prohibition of valuables

Very bad signal or none and it is difficult to call

Each participant may be sent to home without compensation on the basis of a teacher's decision.

The number for the parents and the health insurance will have everybody with and know where.

Programme: 8:40 Breakfast (or warming up)

9:30 Training, 12:30 lunch

15:00 Afternoon Program (projection, team training, running...)

16:00 Afternoon Training (1. Summer continues the afternoon program)

18:15 Dinner

19:45 Training (after agreement possible without preschool children)

22:00 Evening pupils (23:00 evening for juniors)

If your child can recognize right, left and clock, has basic hygienic habits and is capable of basic communication with teacher (e.g. to get know he/she feels sick) – then there is no problem to pass the camp alone. At small children we recommend the presence of parent, better than „missing and crying“ calls home, what is here difficult technically provide. The parents have to support direct communication between the student and teacher.

I believe that anyone who is interested in Taekwon-do will use these possibilities to practice intensively, even under the guidance of Grandmaster Hwang Ho-Yong and certainly be rewarded with a good result on exams or competition. Remember, it's better to come for a weekend than to sit at home. I hope that everyone who is interested in real practicing will choose at least one action – otherwise consider if TKD is not just a waste of time for you. Camps for beginners and white-yellow belts is very important. In September, there will be again a massive recruitment of newcomers, and those who do not have a yellow belt are again starting with them. Therefore, we encourage all beginners to make the best efforts during the summer to reach the yellow belt. All those who did not participate on any camp in the previous school year should also choose at least one action not to lose their entitlement for the equipment free of charge.

You'd better read the whole leaflet again.

info a apologizes: info@tkd.cz urgent questions: 603302739 master Martin Zámečník