## 1st Weekend Camp of Taekkyon and Hopae, exams

**When and where:** 24.-26.8. TKD Center Votice, arrival from 18:20. Sleeping bag. Transport can be arranged on request.

Program:

Friday 19:00-20:00 Taekkyon, 20:00 – 21:00 Hopae

21:15 roasting and the history of Taekkyon and Hopae

Saturday 9:30 - 11:00 Taekkyon, 11:00 -12:30 Hopae

Lunch and Yohaeng or Sahwe Bongsa, separate preparation for exams

17:00 – 18:00 Taekkyon, 18:00 – 19:00 Hopae

19:30-21:30. Examination and individual repair

21:45 Korean grill and plan of spreading Taekkyon and Hopae

Sunday 9:30-11:00 Taekkyon, 11:00 -12:30 hopae

13:10 – 14:00 exams, possibility to continue in Sahwe Bongsa

**How much:** 1900 CZK. The price includes: meals, drinking regime, trainings, accommodation, exams. Pay to the school account 2982742001/5500 under your name and the event name in note or in cash to master Martin Zámečník

**Who:** The event is intended only for duly paying members of the Union of Taekkyon and Hopae Sool. Everyone can become a member directly on the event by paying membership. Hopae can be purchased on the site for 490 CZK. More information about membership, proper trainings and both martial arts can be found at www.taekkyon.cz and www.hopae.cz. Enroll only through the schedule of events on www.tkd.cz.

The trainings of Taekkyon and Hopae take place on Tuesdays, Thursdays and selected Sundays in our TKD centre at the elementary school Campanus. At holidays you can practise on selected Tuesdays and at the camps of the school GBHS. Since September, we have been planning to extend the training due your own interest outside Prague. Take advantage of the extraordinary offer of annual fees. More info on www.taekkyon.cz and www.hopae.cz.

The Korean lessons for Taekwondists will run since September in the so far undetermined time in any of the working days in the evenings on Campanus. Candidates please report to info@tkd.cz with time and day preferences. The sample lesson will take place at the summer camp.